

Bullying and Suicide

- There is a strong association between bullying and suicide-related behaviors, but this relationship is often mediated by other factors, including depression, violent behavior, and substance abuse ([Reed, Nugent, & Cooper, 2015](#)).
- Students who bully others, are bullied, or witness bullying are more likely to report high levels of suicide-related behavior than students who report no involvement in bullying ([Center for Disease Control, 2014](#)).
- A meta-analysis found that students facing peer victimization are 2.2 times more likely to have suicide ideation and 2.6 times more likely to attempt suicide than students not facing victimization ([Gini & Espelage, 2014](#)).
- Students who are both bullied and engage in bullying behavior are the highest risk group for adverse outcomes ([Espelage & Holt, 2013](#)).
- The false notion that suicide is a natural response to being bullied has the dangerous potential to normalize the response and thus create copycat behavior among youth. ([Center for Disease Control, 2014](#)).