

Definition

While the definitions of cyberbullying, sometimes called online bullying, vary from source to source, most definitions consist of:

1. electronic forms of contact
2. an aggressive act
3. intent
4. repetition
5. harm to the target
([Hutson, 2016](#))

The technology, accessed through computers or cell phones, used to cyberbully includes:

- personal websites
- blogs
- e-mail
- texting
- social networking sites
- chat rooms
- message boards
- instant messaging
- photographs
- video games
([Feinberg & Robey, 2009](#))

Other helpful definitions include:

- Cyberbullying is defined as “willful and repeated harm inflicted through the use of computers, cell phones, and other electronic devices” ([Hinduja & Patchin, 2015](#)).
- Cyberbullying occurs “when someone repeatedly makes fun of another person online or repeatedly picks on another person through e-mail or text message or when someone posts something online about another person that they don’t like” ([Cyberbullying Research Center, 2016](#)).
- Cyberbullying is intentional and repeated harm inflicted on others through the use of electronic devices ([Cyberbullying Research Center, 2016](#)).
- Cyberbullying is as an aggressive, intentional act distributed by an individual or group, using contact in an electronic medium, continuously and relentlessly against someone who cannot stand up for himself or herself easily ([Smith et al., 2008](#)).