

## Related Resources

- **[Cyberbullying Starts Earlier Than You Might Think — Here’s How to Protect Your Child Now](#)**  
With kids now owning smartphones as young as age 6, knowing the basics of cyber safety is key. Posted on Babble.com October 2018.
- **[What Every Parents Needs to Know About Protecting Their Child from Cyberbullying](#)**  
Bullying behavior has been around forever, but cyberbullying presents new challenges – and kids today are the first to experience them. Posted on Babble.com October 2017.
- **[Helping Your Child Understand Cyberbullying](#)**  
It was just a generation ago that kids and teens were asking their parents for a phone line in their room so they could easily and privately connect with more friends. Today, a student’s desire to connect with friends has not changed, but the options for doing so have grown tremendously. While young people’s access to technology has evolved over the years, so has the way we communicate with children about online safety and cyberbullying. Posted to Spring 2017 edition of Our Children, the National PTA Magazine.
- **[Cyberbullying: What Parents Can Do to Protect Their Children](#)** - This 8-page booklet, sponsored by Century Link, has information for parents on how to address cyberbullying with your child and what steps to take if your child is being bullied online.
- **[Safety in the Online Community: A conversation with your 13-year-old about Facebook and Instagram](#)** – Facebook and Instagram partnered with PACER’s National Bullying Prevention Center to create this guide to help parents talk with their teens about using social media. The guide covers setting up a new account, safety tips, and commonly asked questions.
- **[What Parents Should Know About Bullying](#)** – This guide, created in partnership with Verizon, offers a comprehensive overview for parents to learn what they can do to address and prevent bullying, featuring a section on mobile and online safety.
- **[Teens Against Bullying on Cyberbullying](#)** – Teens Against Bullying is a place for middle and high school students to find ways to address bullying, to take action, and to be heard. This features a page on cyberbullying, giving students tips on how to prevent it and how to take action.
- **[How to Prevent Cyberbullying: Hands Off the Keyboard Until You’re Calm!](#)** – YOUR TEEN for parents shared the following quotes in a recent interview: Cyberbullying manifests itself as teens using technology to “to hurt, harm, and humiliate” their peers, says Julie Hertzog, director of the National Bullying Prevention Center in Bloomington, MN. “In some ways,” says Hertzog, “online bullying can be even more devastating than **traditional bullying**, as an aggressor is able to access an audience 24/7 instead of being confined to the schoolyard, and the kid being bullied can’t escape the bullying.” And the hurt can be worse, as “the person being bullied can read and re-read a hurtful text or comment on social media, and experience the hurt over and over again,” Hertzog states.